

PRAYER BEFORE MASS

Almighty and ever-living God,
I approach the sacrament
of Your only-begotten Son
Our Lord Jesus Christ,
I come sick to the doctor of
life, unclean to the fountain
of mercy, blind to the radi-
ance of eternal light,
and poor and needy to the
Lord of heaven and earth.
Lord, in your great generosi-
ty, heal my sickness, wash
away my defilement, enlight-
en my blindness, enrich my
poverty, and clothe my na-
kedness.

May I receive the bread of
angels, the King of kings and
Lord of lords, with humble
reverence, with the purity
and faith, the repentance
and love, and the determined
purpose that will help to
bring me to salvation.

May I receive the sacrament
of the Lord's Body and Blood,
and its reality and power.

Kind God, may I receive the
Body of Your only-begotten
Son, our Lord Jesus Christ,
born from the womb of the
Virgin Mary, and so be re-
ceived into His mystical body
and numbered among His
members. Amen.

- SAINT THOMAS AQUINAS