

THE SEVEN SORROWS OF MARY

SCRIPTURAL ROSARY

St. Philip the Apostle Rosary Society
April 13, 2011

Sign of the Cross

In the Name of the Father and of the Son and of the Holy Spirit. Amen

Act of Contrition:

All: O my God, I am heartily sorry, for having offended Thee and I detest all my sins, because I dread the loss of heaven and pains of hell. But most of all, because they offend Thee, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and amend my life. Amen

Three Hail Marys are recited in remembrance of the tears that our Blessed Mother shed because of the suffering of her Divine Son and plead for repentance for the sins committed.

Opening Meditation

Leader: In the Sorrows of the Virgin Mary we see a reflection of the suffering and bitter anguish of the human Christ. Just as Mary accepted the total mystery of Christ into her life, so may we see in our sorrow, our fear, and humiliation, a dim, but real participation in His passion and death, recalling that if we wish to follow Him, we must "take up our cross" each day. Let us pray that we may accept Christ's call, and join in the suffering of His passion.

THE FIRST SORROW: THE PROPHECY OF SIMEON



Reader 1: Mary and Joseph took the Child Jesus to the Temple. Simeon, inspired by the Holy Spirit, met them and told Joseph and Mary of the great suffering they would undergo. He told Mary that a sword would pierce her heart. How great was the shock to Mary's heart at hearing the sorrowful words. Dear Mary, obtain for me a true sorrow for my sins..

Our Father...

1. When the time came for their purification according to the Law of Moses, they brought him up to Jerusalem to present him to the Lord, ***Hail Mary...***

2. Now there was a man in Jerusalem, whose name was Simeon, and the Holy Spirit

was upon him. ***Hail Mary...***

3. He took Jesus up in his arms and blessed God and said, "Lord, now let your servant depart in peace, according to thy word; ***Hail Mary...***

4. for mine eyes have seen thy salvation which thou hast prepared in the presence of all peoples. ***Hail Mary...***

5. And his father and his mother marveled at what was said about him; ***Hail Mary...***

6. and Simeon blessed them and said to Mary his mother, "Behold, this child is set for the fall and rising of many in Israel, and for a sign that is spoken against, ***Hail Mary...***

7.(and a sword will pierce through your own soul also), that thoughts out of many hearts may be revealed." ***Hail Mary...***

-Lk 2:22-35

Glory Be to the Father . . .

THE SECOND SORROW: THE FLIGHT INTO EGYPT



Reader 2: The angel told Joseph to flee with Mary and the Child Jesus because of what might happen to Jesus. Consider the sorrow of Mother Mary when she and Joseph had to suddenly flee by night to protect child Jesus in that land of exile.

Our Father...

1. When the Magi had departed, behold, an angel of the Lord appeared to Joseph in a dream, ***Hail Mary..***

2. He said, "Rise, take the child and his mother, and flee to Egypt, and remain there till I tell you; for Herod is about to search for the child, to destroy him." ***Hail Mary..***

3. Joseph rose and took the child and his mother by night, and departed to Egypt, and remained there until the death of Herod, ***Hail Mary..***

4. Then Herod, when he saw that he had been tricked by the wise men, was in a furious rage, ***Hail Mary..***

5. He sent and killed all the male children in Bethlehem and in all that region who were two years old or under. ***Hail Mary..***

6. But when Herod died, behold, an angel of the Lord appeared in a dream to Joseph in Egypt, ***Hail Mary..***

7. "Rise, take the child and his mother, and go to the land of Israel, for those who sought the child's life are dead." And he rose and took the child and his mother, and went to the land of Israel, ***Hail Mary..***

-Mt 2:13-21

Glory Be to the Father . . .

THE THIRD SORROW: THE LOSS OF JESUS IN THE TEMPLE



Reader 3: How dread was the grief of Mary when she realized the Child Jesus was not with them. With sorrow in their hearts, Mary and Joseph returned to Jerusalem to look for the Child Jesus..

Our Father . . .

1. Now his parents went to Jerusalem every year at the feast of the Passover. And when he was twelve years old, they went up according to custom; *Hail Mary...*

2. When the feast was ended, as they were returning, the boy Jesus stayed behind in Jerusalem. *Hail Mary...*

3. His parents did not know it, but supposing him to be in the company they went a day's journey, *Hail Mary...*

4. They sought him among their kinsfolk and acquaintances; and when they did not find him, they returned to Jerusalem, seeking him. *Hail Mary...*

5. After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions. *Hail Mary...*

6. His mother said to him, "Son, why have you treated us so? Behold, your father and I have been looking for you anxiously." *Hail Mary...*

7. He said to them, "How is it that you sought me? Did you not know that I must be in my Father's house?" *Hail Mary...*

-Lk 2:41-50

Glory Be to the Father . . .

THE FOURTH SORROW: MARY MEETS JESUS ON THE WAY OF THE CROSS



Reader 4: Mary meets Jesus, with the crown of thorns adorned His head! Blood ran down His face! A heavy cross on His back! Wounded, His whole body covered with bleeding wounds! Consider, the tremendous grief of Mother Mary as their eyes met.

Our Father...

1. So they took Jesus, and he went out, bearing his own cross. *Hail Mary..*

2. And as they led him away, they seized one Simon of Cyrene, who was coming in from the country, and laid on him the cross, to carry it behind Jesus *Hail Mary..*

3. And there followed him a great multitude of the people, and of women who bewailed and lamented him. *Hail Mary..*

4. But Jesus turning to them said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. *Hail Mary..*

5. For behold, the days are coming when they will say, 'Blessed are the barren, and the wombs that never bore, and the breasts that never gave suck!' *Hail Mary..*

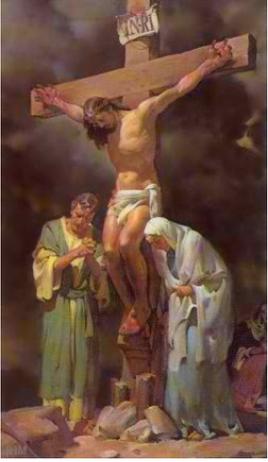
6. For if they do this when the wood is green, what will happen when it is dry?" *Hail Mary..*

7. And they brought him to the place called Golgotha (which means the place of a skull). *Hail Mary..*

-John 19:1; Luke 23:26-32;

Glory Be to the Father . . .

THE FIFTH SORROW: JESUS DIES ON THE CROSS



Reader 5: The Sorrow of the Mother seeing her beloved Son cruelly nailed to the cross. She stood at the foot of the cross. Behold Thy Mother! Let us resolve always to look upon Mary as our Mother and remember that she never fails her children.

Our Father...

1. And they brought him to the place called Gol'gotha (which means the place of a skull). *Hail Mary.*
2. There they crucified him, and with him two others, one on either side, and Jesus between them. *Hail Mary.*
3. Standing by the cross of Jesus were his Mother, and his Mother's sister, Mary the wife of Clopas, and Mary Magdalene. *Hail Mary.*
4. When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold, your son!" *Hail Mary.*
5. Then he said to the disciple, "Behold, your Mother!" And from that hour the disciple took her to his own home. *Hail Mary.*
6. And at the ninth hour Jesus cried with a loud voice, "My God, my God, why have You forsaken me?" *Hail Mary.*
7. Then Jesus, crying with a loud voice, said, "Father, into thy hands I commend my spirit!" And having said this he breathed his last. *Hail Mary.*

-Mark 15:22; John 19:18, 25-27; Mark 15:34; Luke 23:46

Glory Be to the Father . . .

THE SIXTH SORROW: JESUS IS TAKEN DOWN FROM THE CROSS



Reader 6: Ponder the bitter sorrow of Mary when the body of her dear Son was lowered from the cross and placed in her arms. Her Heart was pierced with a sword and His Heart was pierced with a lance. O mournful Mother, our hearts are softened with sorrow upon seeing such affliction.

Our Father...

1. In order to prevent the bodies from remaining on the cross on the sabbath, the Jews asked Pilate that their legs might be broken, and that they might be taken away. *Hail Mary.*
2. So the soldiers came and broke the legs of the first, and of the other who had been crucified with him; *Hail Mary.*
3. but when they came to Jesus and saw that he was already dead, they did not break his legs. *Hail Mary.*
4. But one of the soldiers pierced his side with a spear, and at once there came out blood and water. *Hail Mary.*
5. After this Joseph of Arimathea, who was a disciple of Jesus, asked Pilate that he might take away the body of Jesus. *Hail Mary.*
6. Pilate gave him leave. So he came and took away his body. *Hail Mary.*
7. "Is it nothing to you, all you who pass by? Look and see if there is any sorrow like my sorrow. *Hail Mary.*

-John 19:31-34, 38; Lam 1:12

Glory Be to the Father . . .

THE SEVENTH SORROW: JESUS IS LAID IN THE TOMB



Reader 7: What grief for the Mother to accompany her Son's Body to the grave, as she gazed a last time on the lifeless body of her Son, and the great stone was rolled to seal the entrance to the tomb.

Our Father...

1. Joseph took the body, and wrapped it in a clean linen shroud, *Hail Mary*.
2. Nicodemus also, who had at first come to Jesus by night, came bringing a mixture of myrrh and aloes, about a hundred pounds' weight. *Hail Mary*.
3. They took the body of Jesus, and bound it in linen cloths with the spices, as is the burial custom of the Jews. *Hail Mary*.
4. Now in the place where he was crucified there was a garden, and in the garden a new tomb where no one had ever been laid. *Hail Mary*.
5. So because of the Jewish day of Preparation, as the tomb was close at hand, they laid Jesus there. And Joseph rolled a stone against the door of the tomb. *Hail Mary*.
6. The women who had come with him from Galilee followed, and saw the tomb, and how his body was laid. *Hail Mary*.
7. Then they returned, and prepared spices and ointments. On the Sabbath they rested according to the commandment. *Hail Mary*.

-Matthew 27:59; John 19:38-42; Mark 15:46; Luke 27:55-56

Glory Be to the Father . . .

V. Pray for us, O most sorrowful Virgin.

R. That we may be made worthy of the promises of Christ.

Leader: Let us Pray, Lord Jesus, we now implore, both for the present and for the hour of our death, the intercession of the most Blessed Virgin Mary, Thy Mother, whose holy soul was pierced at the time of Thy passion by a sword of grief. Grant us this favor, O Savior of the world, Who lives and reigns with the Father and the Holy Spirit forever and ever. Amen.

All: Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen