



Mary, most holy Virgin and Queen of Martyrs, accept the sincere homage of my filial affection. Into your heart, pierced by so many swords, please welcome my poor soul. Receive it as the companion of your sorrows at the foot of the Cross, on which Jesus died for the redemption of the world. With you, O sorrowful Virgin, I will gladly suffer all the trials, contradictions, and infirmities which it shall please Our Lord to send me. I offer them all to you in memory of your sorrows, so that every thought of my mind and every beat of my heart may be an act of compassion and love for you. Sweet Mother, have pity on me, reconcile me to your divine Son Jesus, keep me in His grace and assist me in my last agony, so that I may be able to be with Him and with you in Heaven, and sing your glories forever. Amen.

*Carmel of the Sacred Hearts*